



## Welcome to the tenth edition of *ANZJAT*

Dr Jo Kelly, ANZATA President

This edition of the *Australian and New Zealand Journal of Arts Therapy (ANZJAT)* celebrates a milestone; a decade has passed since the first professionally published journal edition in October 2006. It is, therefore, a highly appropriate moment to pause and look back at the profession's recent past, as well as forward to the future. The Roman god Janus comes to mind. Depicted with two heads, Janus is known as the god of transitions and change. Depending on the sources, he is also known as Janus Patulcius the 'opener' and Janus Clusius the 'closer', and he has been associated with roads and gateways. His two heads, facing in opposite directions, look both to the past and the future. With this in mind, I reflect on past journals and contemplate a vision of the future.

Joy Schmidt, as founding editor of *ANZJAT*, also wrote the journal's first editorial. In it, Joy celebrated the first publication of the journal by commenting on the bond between Australia and New Zealand that had been formally acknowledged by the change of name from ANATA to ANZATA. The whimsical cover plate design by Michael Leunig, titled 'A picture of innocence', related to themes of place and identity. These themes are as relevant now as they were then. Joy wrote of the uniqueness and diversity of the profession. She wrote with prescience of the need to share research and practice, which the fledgling journal hoped to encourage. Ten years on, that hope has been realised and continues to shape our aspirations.

In recognition of Joy's experience and contribution to the profession, Toril Pursell interviews Joy for this tenth edition, a reflective

conversation suggestive of a gestalt. In Joy's interview with Toril, both look back on the importance of culture and diversity in the arts therapies and how these are reflected in the journal. In addition, both discuss the essential need for a number of skilled and committed people to co-operate in order to bring together a high quality journal such as *ANZJAT*. Of particular note is the dedicated voluntary work of *ANZJAT* reviewers and committee members, too numerous to mention here. Joy and Toril both reflect on the challenge of sustaining this intensive level of voluntary engagement over the years.

Professor Tarquam McKenna, who has recently been appointed to a full professorial position at Victoria University, was president of ANZATA during the inaugural year of the journal and wrote the first 'President's welcome'. His commentary reflected on achievements and milestones of the profession, including the first formal publication of the journal as a place of sharing. Since then, there have been well over 100 contributions by arts therapists in the form of research and position papers, book reviews, editorials and reflections.

Perusal of the editions of *ANZJAT* over the last ten years reveals a consistent theme of developing identity. Maureen Woodcock, president at the time of the fifth edition in September 2010, wrote at length on the issue of peer versus state regulation in both Australia and New Zealand. While this remains unresolved, our organisation is growing in size and professionalism. The consequence of such growth is increased recognition by other