



## ART THERAPY IN CAMBODIA

### A JOINT COLLABORATION BETWEEN HAGAR AND THE RED PENCIL INTERNATIONAL

Hagar is an international organization dedicated to the recovery of survivors of extreme human right abuse, particularly human trafficking, gender based violence, and sexual exploitation. Through protection, personal transformation, community integration, and economic empowerment, Hagar walks the whole journey of recovery with the survivors to restore life in its fullness.

Hagar counsellor team provides professional counselling to their clients in shelters and within the community. Counsellors also work with clients, of other NGO partners, who have experienced high levels of trauma. The counsellor team seeks to work therapeutically with clients to bring about healing of trauma and to build resilience, self-awareness and self-esteem, thus enabling clients to participate more fully in the life of the community.

The Red Pencil Humanitarian Mission is to bring the benefits of art therapy to our beneficiaries as a pathway to manage life situations. The assistance is especially to those facing overwhelming unfavourable circumstances. Sometimes words are not enough to convey deep emotion, and this is when the use of art therapy could come in as a platform for creative self-expression, relief of tense feelings and ultimately the process of healing.

For this first mission with Hagar, The Red Pencil collaborates to provide a 'train the trainer' program for Hagar's counsellor team. The aim is to coach the local counsellor professionals with the basic knowledge of art therapy and the use of visual journaling. Also, the intent is to provide realistic support for the use of art therapy within the Cambodia cultural context. Confidentiality and ethical considerations are highly maintained and informed throughout the mission.

The Red Pencil International is very glad to partner with Hagar for the Step 1 Missions planned from 16 to 20 Nov. Thus, we are looking for:

### 2 Art Therapists

- Experienced with trauma work, abuse and neglect
- Willing to implement RPI 'Train the Trainer' program for Hagar counselors
- Facilitate group art therapy experiential with children and adolescents

*Step 1: First mission*

Getting to know each other, introducing the concept of “visual journaling”, and involve caregivers and professionals with the “Train the Trainer” program.

*Step 2: Second mission*

Further in-depth therapeutic work, strengthening the concept of “visual journaling” and “Train the Trainer” program.

*Step 3: Third mission*

Closure of therapeutic work, leaving art materials to encourage continuity of visual journaling, and summarize the “Train the trainer” program.

## DETAILED INFORMATION

<b>Dates</b>	Step 1: 16 – 20 Nov 2015 Step 2: To be confirmed Step 3: To be confirmed
<b>Population</b>	<ul style="list-style-type: none"><li>• ‘Train the Trainer’ program for 10 counsellors</li><li>• Art therapy experiential workshops for children and adolescents in groups (with a max. of 15 in each group)</li></ul>
<b>Venue</b>	Hagar House
<b>Website</b>	<a href="http://www.hagarinternational.org">www.hagarinternational.org</a>

If you are interested, please send your application and resume **before 07 October 2015** to:

**Manuela Panos** at [manuela@redpencil.org](mailto:manuela@redpencil.org) and [missions@redpencil.org](mailto:missions@redpencil.org)

Therapists will be selected based on their experience, availability, and willingness to work on a voluntary basis.

**All costs are sponsored by The Red Pencil International and Hagar.**